



Student Mentor Covenant

About this Covenant:

Signing this covenant is required for every student who wants to become a FLEXTALK mentor. Read the 5 commitments below and check them off if you can make the personal commitment required. Learn more about the student mentoring program at FLEXTALK.org/students.

The Five Commitments:

- I will not use drugs or alcohol.
- I will make every effort to grow in the seven internal core virtues of wisdom, integrity, diligence, ownership, self-control, courage, and joy.
- I will model the seven external core virtues of love, respect, patience, gratitude, generosity, loyalty, and forgiveness.
- I will schedule and facilitate a minimum of 6 mentoring sessions with my student group every semester, using the tools at FLEXTALK.org.
- I will work to replace myself, raising up and training other student mentors.

I, the undersigned, have read and agreed to the five commitments above.

Name and Signature of Student

The above student has completed the Student Training series and I affirm him or her as a student mentor.

Name and Signature of Faculty Sponsor